



DYOS Counseling, PLLC.
Discovering Your Own Strength

AGREEMENT

Welcome, thank you for choosing DYOS Counseling, PLLC as your counseling provider. Making a decision to attend to counseling services is not always easy, however it is an important step toward change.

THE COUNSELING PROCESS

It is important you know there are risks when you attend to a counseling service; while there can be changes in personal growth and problem solving progress specific results cannot be promised. You (the client) are responsible to achieve the goals you set with your counselor(s). Same way, the counseling process can lead to explore deeper levels of consciousness than can result in emotional pain and/or anxiety. At any time you have the right to refuse participation in counseling.

CONFIDENTIALITY

As part of the therapeutic process, your counselor will receive supervision/case consultation. This is an element that is in place to support the counselor and not to harm the client. Information about you may be mentioned in order to get such support, but always maintaining your identity protected. Besides the supervision/case consultation process mentioned above, your information will not be shared with any party inside or outside this facility, except in the following cases:

- 1) Client or someone else is in an imminent danger.
- 2) Client was or is a victim or perpetrator of abuse or neglect toward a child or an older adult.

Should you have a question of this statement feel free to ask your counselor for clarification.

Client's name and signature
(parent's in case client is a minor)

Date

Counselor's signature

Date